

Stay in to Win!™

Presenter's Guide for School Staff

Please print this Guide to follow as you present the Stay in to Win PowerPoint presentation. It is designed to explain in more depth the slides that the students will be viewing. This presentation is intended to reinforce the Keys to Student Success message and to teach students how to use an effective decision-making process to make good educational and career decisions.

Please note: Much of the content is based on information you can find in the Stay in to Win, Keys to Student Success Guidebook which the National Association of Basketball Coaches is providing free for each participating student. The information found in the Keys to Student Success Guidebook was adapted from It's Your Decision for Teens, A Commonsense Guide to Making Better Choices by Al Foderaro and Denise Schmidt. The It's Your Decision for Teens book can be ordered as a soft cover or an eBook directly from the publisher at www.authorhouse.com or using the book order hotline at 888-280-7715.

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Slide 1: Stay in to Win

The Stay in to Win presentation has been designed to emphasize to you the keys for you being successful in school and to help you to better understand the process you will need to use to help make effective educational, career, and personal decisions that lie ahead.

Slide 2: Stay in to Win, A Student Success Program

Stay in to Win is a program presented to students by the National Association of Basketball Coaches representing over 5000 basketball coaches from colleges throughout America. The NABC supports the message that staying in school and

achieving success is important and will have ultimately determine the overall quality of your adult life.

Slide 3 Stay in to Win!
(achieve your fullest potential, gather information to make good academic, career, and personal choices, learn how to make important decisions, gain greater control of your life, create a more successful adult life)

Throughout the upcoming years there will be times when you will be expected to make important decisions that will impact the overall quality of your life. Motivating yourself to want to achieve to your fullest potential will be extremely important if you truly want to create a more successful life for yourself.

Slide 4: Players achieve their goals by staying in the game.

Students achieve their goals by staying in school.

Successful basketball players can only achieve their individual and team goals if they “stay in the game” and “win the game”. You can only achieve success in life if you commit to staying in school and become an educated person. Successful students achieve their goals by staying in school and graduating. Students who drop out of school are out of the game.

The key to your success is staying in school and graduating. You have to “Stay in to Win”.

Slide 5: Players can’t win games on their own, they need their teams!

Students can’t succeed on their own, they need their (success) teams!

If you have ever played a team sport do you think you could have gone onto the court or the playing field and won the game alone, without the help of the coach or the other players? Individual players don’t win games, teams do and they rely on teamwork and solid game plans to win. That’s why it is important for you to build your own personal “success team” to help you overcome obstacles and your own “success plan” to guide you as you make important decisions critical to your future.

The key to your success is to create success teams and success plans.

Slide 6: When players make good decisions, they score points and win games.

When students make good decisions, they get better grades and succeed in school.

In basketball, when players make good decisions, points are scored. When players make bad decisions, turnovers result and scoring opportunities are missed. As young people pass through childhood and become teenagers it becomes time when students have to accept the responsibility for making choices that will bring them success in school and in life using an effective decision-making process. When you make bad decisions and bad choices, you miss out on opportunities that could bring you success.

The key to success is to learn the decision-making process and use it when making important decisions.

Slide 7: Players who work hard achieve high numbers in points, rebounds, and assists.

Students who work hard achieve high scores in reading, writing, and math.

In basketball, players who reach double-digit figures in three statistical categories achieve “triple-doubles”. As a student you can achieve your own “triple-doubles” in reading, writing and math by going to school, working hard, and getting help when you need it.

One key to your success is to work hard to improve your academic performance.

Slide 8: Successful players practice to perfect their basketball skills.

Successful students get involved to perfect their personal development skills.

Successful basketball players commit to practice and hard work to perfect their ball handling, shooting, and defensive skills. Successful students acquire life skills and complete career-related tasks that will lead to more opportunity and greater success in work and in life. One important key to your success will be to focus on your personal development.

Slide 9: Why are you here today?

You paying attention to this presentation could make a real difference in how you approach school and learning. The question “why are you here?” not only pertains to this presentation but also to the bigger picture. You are here, in school, for the purpose of becoming an educated person.

This short presentation will benefit you throughout your life.

**Slide 10: Ask a 75 year-old person.....
“What kind of life have you had?”**

Do you know anyone who is 75 years old? It could be a grandparent, an uncle, a neighbor. If not, find one even if it is someone on a bench at the mall. When you do ask the person, “What kind of life have you had?” Most likely you will get one of two responses, either “I had a great life” or “I had a life that wasn’t very good.”

Slide 11: Your satisfaction with your life will be determined by the outcomes of the decisions you make along the way.

If you were to be asked that question at the age of 75, how would you want to answer? Most likely you would want to answer with “I had a great life!” or “My life has been terrific!” Understand that the decisions you make, even now, will likely have significant impact on your life in the future. The quality of your life will be determined by the outcomes of the decisions you make.

Slide 12: Seven Big-Ticket Decisions

- | | |
|--------------------------|-------------------------------|
| 1. Education | 5. Relationships |
| 2. Field of Study | 6. Leisure Activities |
| 3. Career | 7. Health and Wellness |
| 4. Environments | |

The decisions that you make in these seven areas will have the most significant impact on how satisfied you are with your life. Take time to think about what each of these big-ticket decisions involves and why it is important for you to make good decisions in each of these areas if you hope to create a satisfying life for yourself.

Slide 13: Just what is a good decision?

- **One that has a favorable outcome.**
- **One that is based on the decision-maker's needs and wants.**

You will want to make good decisions but just what makes a decision a good one? Simply stated, a good decision is one that results in a favorable outcome. One that meets the majority of your, the decision makers, most important needs and wants. It is important for you to understand that it is your needs and wants, not what others think you need and want, that are important.

Slide 14: Today, we will be talking about. . .

- **initial life decisions**
- **educational and career choices**

At this time in your life you are already faced with some important life decisions. These initial decisions relate to your educational and career choices. You will want to explore your alternatives so that when decisions need to be made, you will be ready.

Slide 15: When it comes to decisions, there are three kinds of students.

- **Clueless**
- **Pretending**
- **Pretty Sure**

Students typically fall into three groups:

those who are clueless as to what they are going to do after high school,
those who are pretending that they know what they will do,
and those who are fairly certain about what they will do.

What all three kinds of students all have in common is that they all need to learn how to make good educational and career decisions. What type best describes you when it comes to thinking about what future education and career you want to pursue?

Slide 16: There is an assumption that we will know how to make decisions when we need to.

There is an assumption that people, you especially, will know how to make important decisions when they need to. Few of us are taught how to make neither decisions nor the importance of making good decisions. If you want to become successful then you need to learn and know how to make good decisions. Possessing the ability to make good decisions is extremely important if you want to be successful in life.

Slide 17: In reality, making a decision is a process that needs to be learned and practiced and that takes time and effort!

Understand though that making good decisions requires effort on your part. If you care about yourself and the directions your future will take, you should make the commitment to work hard to gather the information you will need and to choose the alternatives that will best meet your most important needs and wants.

Slide 18: Start TODAY! Learn about the decision-making process.

Once you develop your decision-making ability you will possess a skill you will use today, tomorrow, and throughout the rest of your life. Once you learn how to make decisions, if you use the decision-making process properly, you will be able to make choices that will be best for you.

**Slide 19: Decision-Making Process
Define the Decision**

Now it's time for you to begin learning the six steps in the decision-making process. The first step in the process is to identify and define the decisions you need to make. Your decisions will need to be stated clearly so whoever you tell will understand what it is you are trying to decide.

For example, rather than asking "What should I do after high school?" you could more clearly state the decision as "What college would be best for me to attend?" or "What kind of work should I do?"

**Slide 20: Decision-Making Process
Evaluate Important Needs and Wants**

The next step is extremely important. It is to evaluate your most important needs and wants which will, in turn, help you to select your best alternatives in each of the big-ticket areas. By using self-assessments to identify your interests, skills, values, needs, and wants, you will be able to create your own personal filtering systems which will, in turn, help you make your best choices.

Talk to your school counselor about specific interest inventories our school provides or web sites where self-assessment instruments are available for you to use.

Slide 21: Personal Filtering System

The first two steps of the process are to clearly define your decisions and then to evaluate your most important needs and wants. You might want to use this chart to visualize and organize information so that you can see clearly which alternatives will be best for you. By using this tool you will be able to identify your most important needs and wants and then use that information to create your own personal filtering systems. In this way, you will visually be able to rate and select your best alternatives.

Slide 22: Decision-Making Process Compile List of Alternatives

The next step in the process is to compile information about occupations, educational alternatives, lifestyle options, and labor market trends. From this information you will be able to identify alternatives to be researched further. This part of the process will require you to commit to spending the time necessary to gather useful information.

Slide 23: Decision-Making Process Investigate the Alternatives

Becoming comfortable with the process of being able to explore and identify alternatives will also help you when you need to identify alternatives in areas other than careers. For example, to select colleges you might attend. Understand that it will be of utmost importance for you to always spend sufficient time investigating alternatives for any major decision you want to make.

Remember that your future jobs and educational achievements will influence the lifestyles you create for yourself. The effort you put into investigating alternatives will help you select the best alternatives and you will also be better able to explain and defend your decisions to others.

Slide 24: Decision-Making Process Determining the Best Alternative

Once you are able to identify several alternatives that might satisfy your needs and wants, you will want to rate the alternatives and select the “best” one. Rating each of the alternatives will help you determine the best choices for you. Your goal is to identify the one alternative that meets your most important needs and wants.

**Slide 25: Decision-Making Process
Establish a Plan and Implement It**

After you select your best alternatives you will need to establish plans to implement your decisions. This is very important because **a decision is not a decision until action is taken to achieve the desired outcome.**

Slide 26: Decision-Making Process
Define the Decision Evaluate Needs and Wants
Compile Alternatives Investigate Alternatives
Determine Best Alternative Establish a Plan and Implement
D-E-C-I-D-E

So that's it, decision-making in six steps. Once you learn these steps you will have acquired a lifetime skill that you can use whenever you need to make important decisions. No matter what the decisions are, by using this process you will increase your chances of achieving favorable outcomes.

Slide 27: What if your decision is choosing a college or job?

An example may be useful here. You are faced with many decisions at this point in your education such as what college to attend, what fields of study or training options are of interest and available to you, what occupations you might find enjoyable, and what job opportunities would result from those choices.

Slide 28: College Decision Chart

The chart mentioned earlier is a useful tool at this point in the process. If you are trying to choose colleges, you may want to rate individual schools on what you identified as your ten individual most important criteria. These criteria will need to be met if you are going to be satisfied with your decisions.

Slide 29: College Decision Chart (with X's under choices)

After you gather all of the information you can about your choices, you should be able to fill your charts and determine which of your individual "top ten" needs and wants would be satisfied by each of your alternatives.

Slide 30: Job Decision Chart

Another example involves the selection of jobs that meet whatever you list as your criteria for job satisfaction. List the things you will need and want in your jobs if you are to be satisfied in your work. Once again by thoroughly researching your alternatives, you should be able to explain and defend your decisions.

Slide 31: Job Decision Chart (with X's under choices)

Remember that whenever you are making important decisions, you need to select alternatives that will satisfy the highest percentage of your criteria. There may be no one alternative that meets 100% of your needs and wants. When that is the case, the best option is to choose the alternative that meets the majority of the criteria.

Slide 32: Good or Bad Outcomes? Right or Wrong Choices? Success or Failure?

The results of your decisions will determine whether you will be satisfied or dissatisfied with your life!

Even at this point in your life, the outcomes of many of your decisions - good or bad, right or wrong - will determine the directions your lives will take. In the years to come, will you be satisfied with your life or will you be dissatisfied?

Slide 33: Remember . . .

Good outcomes result when you utilize good decision-making skills!

A good decision results from learning and utilizing an effective decision-making process. So to make good decisions you cannot skip steps in the process and still expect to achieve favorable results. You need to commit to working through all six steps in the process if you want to make decisions that will result in favorable outcomes.

- Slide 34:**
- **Make an effort**
 - **Invest the time**
 - **Use the process**
 - **See positive results**

Remember that although others might try to intervene or help you with your research or try to influence your decisions, the final decisions belong to you and you should do everything you can to make your decisions good ones.

Slide 35: It's Your Decision!
D E C I D E!!

Whenever you need to make important decisions that lie ahead be sure to concentrate on utilizing an effective decision-making process. You'll be glad that you did and a whole lot happier with the results.

Slide 36: STAY IN TO WIN!