

STAY IN TO WIN!



# STAY IN TO WIN!

A STUDENT SUCCESS PROGRAM BY  
THE NATIONAL ASSOCIATION OF  
BASKETBALL COACHES, NABC

DEVELOPED FOR THE NABC BY LIFE  
DECISIONS GROUP, LLC

# STAY IN TO WIN!

- ❑ achieve your fullest potential
- ❑ gather information to make good academic, career, and personal choices
- ❑ learn how to make important decisions
- ❑ gain greater control of your life
- ❑ create a more successful adult life
- ❑ address the Keys to Success



Players achieve their goals if they stay in the game and win.

Students achieve their goals by staying in school.

(Key to success: stay in school and graduate)

Players can't win games on  
their own, they need their teams!

Students can't succeed on  
their own, they need their  
"success" teams!

(Key to success: create  
success teams and  
success plans)



When players make good decisions,  
they score points and win games.

When students make good decisions,  
they get better grades and  
succeed in school.



(Key to success: learn and practice  
decision-making skills)

Players who work hard achieve  
high numbers in  
points, rebounds, and assists.



Students who work hard  
achieve high scores in  
reading, writing, and math.

(Key to success: improve academic  
performance)

Successful players practice  
to perfect their basketball skills.

Successful students get  
involved to perfect their  
personal development skills.

(Key to success: focus on personal  
development)





WHY ARE  
YOU HERE  
TODAY?

Ask a 75 year-old  
person. . .

"What kind of life  
have you had?"



YOUR SATISFACTION  
WITH YOUR LIFE WILL  
BE DETERMINED BY THE  
OUTCOMES OF THE  
DECISIONS THAT YOU  
MAKE ALONG THE WAY.

# Seven Big-Ticket Decisions

1. Education
2. Field of Study
3. Career
4. Environment
5. Relationships
6. Leisure Activities
7. Health and Wellness

# Just what is a “good” decision?



- ▣ One that has a favorable outcome.
- ▣ One that is based on the decision-maker's needs and wants.

# Today we will be talking about. . .

- ▣ initial life decisions
- ▣ educational and career  
choices



When it comes to decisions,  
there are  
three kinds of students.

- ▣ Clueless
- ▣ Pretending
- ▣ Pretty Sure

There is an  
assumption that we  
will know how to make  
decisions when we  
need to.





In reality, making a decision is a process that needs to be learned and practiced and that takes time and effort!

Start TODAY !

Learn about the  
decision-making  
process.

# Decision-Making Process

Define the Decision

Define the Decision

# Decision-Making Process

Define the Decision ➡ Evaluate Needs and Wants ➡

Evaluate Important  
Needs and Wants

Important Criteria (Needs & Wants)	Alternatives			
	Choice A	Choice B	Choice C	Choice D
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

**Personal  
Filtering  
System**

# Decision-Making Process

Define the Decision → Evaluate Needs and Wants →  
Compile Alternatives →

Compile List of Alternatives

# Decision-Making Process

Define the Decision ➡ Evaluate Needs and Wants ➡  
Compile Alternatives ➡ Investigate Alternatives ➡

## Investigate the Alternatives

# Decision-Making Process

Define the Decision ➡ Evaluate Needs and Wants ➡  
Compile Alternatives ➡ Investigate Alternatives ➡  
Determine Best Alternative ➡

Determine the Best Alternative



# Decision-Making Process

Define the Decision ➡ Evaluate Needs and Wants ➡  
Compile Alternatives ➡ Investigate Alternatives ➡  
Determine Best Alternative ➡ Establish a Plan

Establish a Plan and Implement

# Decision-Making Process

Define the Decision ➡ Evaluate Needs and Wants ➡  
Compile Alternatives ➡ Iinvestigate Alternatives ➡  
Determine Best Alternative ➡ Establish Plan

D E C I D E

WHAT IF YOUR  
DECISION IS  
CHOOSING A  
COLLEGE  
OR A JOB?

# Decision Making: College

Important Criteria (Needs & Wants)	Alternatives			
	Choice A	Choice B	Choice C	Choice D
1. Curriculum				
2. Location/Environment				
3. Quality of Academics				
4. Cost (\$5,000 to \$15,000)				
5. Financial Aid (Scholarships)				
6. Size (7,500 – 12,000)				
7. Class Size				
8. Co-op/Internships				
9. Facilities				
10. Recreation/Clubs				

# Decision Making: College

Important Criteria (Needs & Wants)	Alternatives			
	Choice A	Choice B	Choice C	Choice D
1. Curriculum	X	X		X
2. Location/Environment	X		X	X
3. Quality of Academics	X	X	X	
4. Cost (\$5,000 to \$15,000)	X		X	
5. Financial Aid (Scholarships)		X	X	X
6. Size (7,500 – 12,000)	X	X	X	X
7. Class Size	X		X	
8. Co-op/Internships	X			X
9. Facilities	X	X		X
10. Recreation/Clubs	X		X	
	90%	50%	70%	60%

# Decision Making: Job

Important Criteria (Needs & Wants)	Alternatives			
	Choice A	Choice B	Choice C	Choice D
1. Salary/Benefits				
2. Environment				
3. People				
4. Activities				
5. Challenges/Problems				
6. Location				
7. Psychological Rewards				
8. Security				
9. Growth Potential				
10. Autonomy				

# Decision Making: Job

Important Criteria (Needs & Wants)	Alternatives			
	Choice A	Choice B	Choice C	Choice D
1. Salary/Benefits		X		X
2. Environment	X		X	X
3. People	X	X	X	
4. Activities	X		X	X
5. Challenges/Problems		X	X	X
6. Location	X	X	X	
7. Psychological Rewards	X		X	
8. Security	X		X	X
9. Growth Potential		X	X	X
10. Autonomy			X	X
	60%	50%	90%	70%



Good or Bad Outcomes?  
Right or Wrong Choices?  
Success or Failure?

The results of your decisions  
will determine whether you will  
be satisfied or dissatisfied  
with your life!





Remember...

Good outcomes result  
when you utilize good  
decision-making skills.



Make an effort.  
Invest the time.  
Use the process.  
See positive results.

IT'S YOUR  
DECISION!



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